

## EXTREMAL METRICS AND MODULUS

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*Abstract.* We give a new proof of Beurling's result related to the equality of the extremal length and the Dirichlet integral of solution of a mixed Dirichlet-Neuman problem.

Our approach is influenced by Gehring's work in  $\mathbb{R}^3$  space. Also, some generalizations of Gehring's result are presented.

*Keywords:* extremal distance, conformal capacity, Beurling theorem

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## INTRODUCTION

Beurling proved the following result (see Ahlfors [1]):

**Theorem 0.1.** (Beurling's theorem) *Let  $\Omega$  be a region in the complex plane bounded by a finite number of analytic Jordan curves, let  $E_0$  and  $E_1$  be disjoint and consist of a finite number of closed arcs or curves in the boundary of  $\Omega$ . Then the extremal distance  $d_\Omega(E_0, E_1)$  is the reciprocal of the Dirichlet integral*

$$D(u) = \iint_{\Omega} (u_x^2 + u_y^2) \, dx \, dy,$$

where  $u$  satisfies

- (i)  $u$  is bounded and harmonic in  $\Omega$ ,
- (ii)  $u$  has a continuous extension to  $\Omega \cup E_0^\circ \cup E_1^\circ$ , and  $u = 0$  on  $E_0$  and  $u = 1$  on  $E_1$ ,
- (iii) the normal derivative  $\frac{\partial u}{\partial n}$  exists and vanishes on  $C_\circ$  ( $C$  denotes the full boundary of  $\Omega$ ,  $C_\circ = C - (E_0 \cup E_1)$ , and  $E_0^\circ$  and  $E_1^\circ$  denote the relative interiors of  $E_0$  and  $E_1$  as subsets of  $C$ ).

The proof is based on two important ingredients:

- 1) existence of a solution of a mixed Dirichlet-Neuman problem (we denote it by  $u$ ),
- 2) decomposition of the domain to rings and quadrilateral subdomains using, in fact, the orthogonal and vertical trajectories of the quadratic differential defined by  $u$ .

For the theory of trajectories of holomorphic quadratic differentials see Gardiner [7] and Strebel [5].

Our first purpose was to give a more elementary proof of this result (that is, with no use of these two subjects), using a minimizing sequence (see for example Courant's book [6]), and to derive some equalities not contained in the proof of Beurling's theorem.

During our work on this problem we became aware of Gehring's papers ([2], [3]), which strongly influenced our research.

In [2] and [3] Gehring proved that Väisälä's definition of extremal distance between  $E_0$  and  $E_1$  in  $\Omega$  (see [9]) is essentially equivalent to Dirichlet's integral definition due to Loewner (see [10]) if  $\Omega$  is a ring domain in  $\mathbb{R}^3$ , and  $E_0$  and  $E_1$  are boundary components of  $\Omega$  (cf. also [4]). Gehring used this result to study quasiconformal mappings in space.

We generalize this result to the setting of smooth domains in  $\mathbb{R}^n$ . An application of this result gives a short proof of Beurling's Theorem.

As we understand, there are additional technical difficulties if we work with general domains instead of ring domains. Because of that, we need Lemma 2.1.

## 1. NOTATION

**Definition 1.1.** Let  $\Omega$  be an open set in  $\mathbb{R}^n$  and  $\Gamma$  a set whose elements  $\gamma$  are rectifiable arcs in  $\Omega$ . Let  $\varrho$  be a nonnegative Borel measurable function in  $\Omega$  (such  $\varrho$  we will call a metric). We can define the  $\varrho$ -length of  $\gamma$  by

$$L(\gamma, \varrho) = \int_{\gamma} \varrho |dx|,$$

the  $\varrho$ -volume of  $\Omega$  as

$$V(\Omega, \varrho) = \int_{\Omega} \varrho^n dV(x),$$

where  $dV$  is the  $n$ -dimensional Lebesgue measure in  $\mathbb{R}^n$ , and the *minimum length* of  $\Gamma$  by  $L(\Gamma, \varrho) = \inf_{\gamma \in \Gamma} L(\gamma, \varrho)$ . The *modulus* of  $\Gamma$  in  $\Omega$  is defined by  $\text{mod}_{\Omega}(\Gamma) = \inf_{\varrho} \frac{V(\Omega, \varrho)}{L(\Gamma, \varrho)^n}$  where  $\varrho$  is subject to the condition  $0 < V(\Omega, \varrho) < \infty$ . The *extremal length* of  $\Gamma$  in  $\Omega$  is defined as  $\Lambda_{\Omega}(\Gamma) = \text{mod}_{\Omega}(\Gamma)^{\frac{1}{1-n}}$ .

**Definition 1.2.** Let  $\Omega$  be an open set in  $\mathbb{R}^n$ , and let  $E_0, E_1$  be two sets in the closure of  $\Omega$ . Take  $\Gamma$  to be the set of all connected arcs in  $\Omega$  which join  $E_0$  and  $E_1$ , i.e. each  $\gamma \in \Gamma$  has one endpoint in  $E_0$  and one in  $E_1$ , and all other points of  $\gamma$  are in  $\Omega$ . The extremal length  $\Lambda(\Gamma)$  is called the *extremal distance* of  $E_0$  and  $E_1$  in  $\Omega$ , and we denote it by  $d_\Omega(E_0, E_1)$ .

Now, let  $\Omega$  be a bounded region whose boundary consists of a finite number of  $C^1$  hypersurfaces, and  $E_0, E_1$  are disjoint, and each is a finite union of closed hypersurfaces contained in the boundary of  $\Omega$ . Then we define the *conformal  $n$ -capacity* of  $\Omega$  as

$$C[\Omega, E_0, E_1] = \inf_u \int_\Omega |\nabla u|^n dV(x),$$

where the infimum is taken over all functions  $u: \Omega \rightarrow \mathbb{R}$  which are differentiable in  $\Omega$ , continuous in  $\bar{\Omega}$  and have boundary values 0 on  $E_0$  and 1 on  $E_1$ .

From now on let  $\Gamma$  be the family of arcs in  $\Omega$  which join  $E_0$  and  $E_1$ .

**Definition 1.3.** If  $u$  is continuous and ACL in  $\Omega$ , and  $u$  has boundary values 0 on  $E_0$  and 1 on  $E_1$ , we say that  $u$  is an admissible function for the domain  $\Omega$  with respect to  $E_0$  and  $E_1$  and denote it by  $u \in E(\Omega, E_0, E_1)$ .

## 2. EXTREMAL DISTANCE AND CONFORMAL CAPACITY

In this section we want to prove that

$$d_\Omega(E_0, E_1) = C[\Omega, E_0, E_1]^{\frac{1}{1-n}}.$$

**Lemma 2.1.** Let  $f$  be a metric in  $\Omega$  and  $V(\Omega, f) < \infty$ . Then there exists a neighborhood  $U$  of  $\partial\Omega$ , a metric  $\tilde{f}$  on  $U$ , and a diffeomorphism  $A$  of  $U$  onto itself such that

- i)  $\tilde{f} = f$  on  $U \cap \Omega = U'$ ,
- ii)  $A$  is the identity on  $\partial\Omega$  and  $A(U') = U''$ , where  $U'' = U \cap \Omega^c$ ,
- iii) for every rectifiable curve  $\gamma$  in  $U''$  we have

$$L(\gamma, \tilde{f}) \geq L(A(\gamma), f),$$

- iv)  $V(U'', \tilde{f}) \leq K V(U', f)$ , where  $K$  is a finite constant,
- v)  $K$  and  $U$  do not depend on  $f$ .

**P r o o f.** The Tubular theorem (see [8]) yields that there exists a neighborhood  $U$  of  $\partial\Omega$  such that there exists a diffeomorphism  $H$  from  $U$  onto  $(-1, 1) \times \partial\Omega$  and  $H(x) = (0, x)$  for  $x \in \partial\Omega$ . For  $U$  small enough, we have for the Jacobian  $J_H$  of  $H$  that  $0 < m < |J_H| < M < \infty$ . Let  $S$  be the mapping from  $(-1, 1) \times \partial\Omega$  onto itself defined as  $S((t, x)) = (-t, x)$ . Define  $A$  as  $A = H^{-1} \circ S \circ H$ . We obtain that  $A \circ A = \text{id}$  and  $A(U') = U''$ . For the Jacobian  $J_A$  of  $A$  we have  $\frac{m}{M} < |J_A| < \frac{M}{m}$ , and it follows that  $|A'(x)|^n \leq K |J_A(x)|$  for some  $K < +\infty$ .

Let now  $x$  be from  $U''$ . Define  $\tilde{f}(x)$  as  $\tilde{f}(x) = f(A(x)) |A'(x)|$ . Then for a rectifiable curve  $\gamma$  in  $U''$  we have

$$\int_{\gamma} \tilde{f}(x) |dx| = \int_{\gamma} f(A(x)) |A'(x)| |dx| \geq \int_{A(\gamma)} f(y) |dy|.$$

We also conclude that

$$\begin{aligned} \int_{U''} \tilde{f}^n(x) dV(x) &= \int_{U''} f^n(A(x)) |A'(x)|^n dV(x) \\ &\leq K \int_{U''} f^n(A(x)) |J_A(x)| dV(x) = K \int_{U'} f^n(y) dV(y). \end{aligned}$$

□

From now on, we suppose that any metric  $f$  is defined in some neighborhood of the domain  $\bar{\Omega}$  (namely,  $\Omega^* = \Omega \cup U$ ), and that we have a diffeomorphism  $A$  of each outside boundary strip small enough onto an appropriate inside boundary strip.

**Lemma 2.2.** *Let  $S_r$  be a spherical surface of radius  $r$ , and let  $f$  be a metric on  $S_r$ . Then each pair of points  $P$  and  $Q$  on  $S_r$  can be joined by a circular arc  $\alpha \subset S_r$  such that*

$$\left( \int_{\alpha} f(x) |dx| \right)^n \leq A r \int_{S_r} f^n(x) d\sigma_r(x),$$

where  $d\sigma_r$  is the Lebesgue measure on  $S_r$  and  $A$  is a constant depending only on  $n$ .

**P r o o f.** Let  $d(P, Q) = \inf_{\beta} (L(\beta, f))$ , where infimum is taken over all circular arcs on  $S_r$  which join the points  $P$  and  $Q$ . We suppose that this infimum is positive (the case when it is zero is left to the reader). Then there exists a circular arc  $\alpha$  such that  $L(\alpha, f) \leq 2d(P, Q)$ .

Without loss of generality, we can assume that  $r = 1$  and  $P = (0, 0, \dots, 0, 1)$ , and denote  $S_1$  by  $S$ .

Now we map  $S$  stereographically by  $p$  onto  $Z = \mathbb{R}^{n-1}$ . Then  $P$  corresponds to  $\infty$ ,  $Q$  to some point  $a$ , and hence we obtain

$$d(P, Q) \leq L(\beta, f) = \int_{\beta} f(x) |dx| = \int_{\beta'} f(y) \frac{2|dy|}{1 + |y|^2},$$

where  $\beta$  is a circular arc joining  $P$  and  $Q$ , and  $\beta' = p(\beta)$ . Then  $\beta'$  is the straight line joining  $a$  and  $\infty$ , i.e.  $\beta'(t) = a + tv$ , where  $v \in \mathbb{S}^{n-2} = \{x \in \mathbb{R}^{n-1} : |x| = 1\}$  and  $t$  goes from 0 to  $+\infty$ . Hence

$$d(P, Q) \leq \int_0^{+\infty} f(y) \frac{2 dt}{1 + |y|^2}, \quad y = a + tv.$$

Integrating with respect to  $v \in \mathbb{S}^{n-2}$  and applying Fubini's theorem we conclude

$$d(P, Q) \leq \frac{2}{\sigma_{n-2}} \int_{\mathbb{S}^{n-2}} \left( \int_0^{+\infty} \frac{f(y) dt}{1 + |y|^2} \right) d\sigma(v) = \frac{2}{\sigma_{n-2}} \int_Z \frac{f(y) dV(y)}{|y - a|^{n-2}(1 + |y|^2)},$$

where  $\sigma_{n-2}$  is the  $n-2$  dimensional Lebesgue volume of  $\mathbb{S}^{n-2}$ . By Hölder's inequality we see that the last integral on the right hand side is majorized by

$$\frac{A^{\frac{1}{n}}}{2} \left( \int_Z f^n(y) \frac{dV(y)}{(1 + |y|^2)^{n-1}} \right)^{\frac{1}{n}} = \frac{A^{\frac{1}{n}}}{2} \left( \int_S f^n(x) d\sigma(x) \right)^{\frac{1}{n}},$$

where  $dV$  is the Lebesgue measure in  $\mathbb{R}^{n-1}$  and  $d\sigma = d\sigma_1$ , and

$$A^{\frac{1}{n}} = \frac{4}{\sigma_{n-2}} \sup_{a \in Z} \left( \int_Z \frac{dV(y)}{|y - a|^{\frac{n(n-2)}{n-1}} (1 + |y|^2)^{\frac{1}{n-1}}} \right)^{\frac{n-1}{n}}.$$

We leave it to the reader to verify that  $A$  is finite.

Then we conclude that  $(\int_{\alpha} f(x) |dx|)^n \leq A \int_S f^n(x) d\sigma(x)$ . □

**Lemma 2.3.** *Let  $\beta$  be a rectifiable curve in  $\Omega$  whose one endpoint  $A_0$  is in  $E_0$  and the other  $A_1$  in  $E_1$ . Let  $f$  be any metric in  $\Omega$ . Then for each  $a > 0$  there exists  $b > 0$  such that, if we translate the curve  $\beta$  by a vector  $t$ ,  $|t| < b$  (notation  $\beta_t$ ), then*

$$\int_{\beta_t} f |dx| \geq L(\Gamma, f) - a,$$

where  $\Gamma$  is the family of all rectifiable Jordan arcs joining  $E_0$  and  $E_1$  inside  $\Omega$ .

**Remark.** If we work with a ring domain, where  $E_0$  and  $E_1$  are boundary components, then, if there is part of the curve  $\beta_t$  outside  $\Omega$  then  $\beta_t$  must intersect the corresponding boundary component, and we can choose the appropriate part of  $\beta_t$  which joins components (see [3] and [4]).

As we understand, in general we need an additional consideration because there is a possibility that  $\beta_t$  has a part outside  $\Omega$  without intersection with  $E_0$  or  $E_1$ .

Proof. Fix  $a > 0$  and choose  $\varepsilon > 0$  such that  $\varepsilon = \frac{a^n \ln 2}{2^n A}$ . There exists  $b > 0$  such that

- (i) the distance between  $E_0$  and  $E_1$  is greater than  $4b$ ,
- (ii) the diameter of each component of  $E_0$  and  $E_1$  is greater than  $4b$ ,
- (iii)  $\iint_{|x-y| < 2b} f^n dV(x) < \varepsilon$  for each  $y \in \overline{\Omega}$  (in fact,  $\mu(A) = \int_A f^n dV$  is an absolutely continuous measure with respect to the Lebesgue measure),
- (iv) the outside boundary strip  $V''$  is more than  $4b$  thick.

By the Fubini theorem we have

$$\int_{b < |x-y| < 2b} f^n(x) dV(x) = \int_b^{2b} \frac{dr}{r} \int_{S_r} r f^n d\sigma_r,$$

where  $S_r$  is the sphere of radius  $r$  with center at  $y$ .

So, then there exists  $r_0 \in (b, 2b)$  such that

$$r_0 \int_{S_{r_0}} f^n d\sigma_{r_0} \int_b^{2b} \frac{dr}{r} = r_0 \ln 2 \int_{S_{r_0}} f^n d\sigma_{r_0} < \varepsilon,$$

i.e.

$$A r_0 \int_{S_{r_0}} f^n d\sigma_{r_0} < \frac{A\varepsilon}{\ln 2} = \frac{a^n}{2^n}.$$

If we apply the above argument to  $y = A_0$  then there exists  $r_0 \in (b, 2b)$  such that

$$A r_0 \int_{S_{r_0}} f^n d\sigma_{r_0} < \frac{a^n}{2^n}.$$

Let  $B_0 \in S_{r_0} \cap \beta_t$  and  $T_0 \in S_{r_0} \cap E_0$  (these intersections exist because the diameters of  $\beta_t$  and the components of  $E_0$  are greater than  $4b$ ). Then by Lemma 2.2 we can choose an arc  $\alpha_0$  on  $S_{r_0}$  joining  $T_0$  and  $B_0$  such that  $L(\alpha_0, f) < \frac{a}{2}$ .

In a similar way we can find a sphere  $S_{r_1}$  with center at  $A_1$  and radius  $r_1 \in (b, 2b)$ , and choose a curve  $\alpha_1$  which joins the point  $B_1$  of the curve  $\beta_t$  and the point  $T_1$  on  $E_1$ , such that  $L(\alpha, f) < \frac{a}{2}$ .

From the arc  $\alpha_0 + \beta_t + \alpha_1$  we choose a subarc  $\gamma$  which joins  $E_0$  and  $E_1$ . Of course,  $\gamma$  is in  $\Omega^*$  (which is a neighborhood of  $\overline{\Omega}$ ). Every subarc of  $\gamma$  which is not in  $\Omega$  can be mapped by  $A$  to be in  $\Omega$  (we obtain a new arc  $\gamma'$ ). Because  $\gamma' \in \Gamma$  and by Lemma 2.1 we have

$$(1) \quad \int_{\gamma} f |dx| \geq \int_{\gamma'} f |dx| \geq L(\Gamma, f)$$

and by (1) we conclude

$$\begin{aligned} \int_{\beta_t} f |dx| &\geq \int_{\gamma} f |dx| - \int_{\alpha_0} f |dx| - \int_{\alpha_1} f |dx| \\ &\geq L(\Gamma, f) - \frac{a}{2} - \frac{a}{2} = L(\Gamma, f) - a, \end{aligned}$$

which yields the desired conclusion.  $\square$

**Proposition 2.1.** *Under the above conditions we have*

$$\text{mod}_{\Omega}(\Gamma) = d_{\Omega}(E_0, E_1)^{1-n} = \inf_g \frac{V(\Omega, g)}{L(\Omega, g)^n},$$

where the infimum is taken over all continuous metrics  $g$  in  $\Omega$ .

**Proof.** Suppose that  $0 < a < 1$  and  $f$  is any metric defined in  $\Omega$ . Choose  $b$  as in Lemma 2.3.

Define  $g$  by

$$g(x) = \frac{1}{m(U_b)} \int_{U_b} f(x+y) dV(y),$$

where  $U_b = \{x: |x| < b\}$ .

Then  $g$  is bounded and continuous. By Fubini's theorem for any  $\beta \in \Gamma$  we have

$$\begin{aligned} (2) \quad \int_{\beta} g |dx| &= \int_{\beta} \left( \frac{1}{m(U_b)} \int_{U_b} f(x+y) dV(y) \right) |dx| \\ &= \frac{1}{m(U_b)} \int_{U_b} \left( \int_{\beta_y} f(x) |dx| \right) dV(y), \end{aligned}$$

where  $\beta_y$  denotes the translation of  $\beta$  through the vector  $y$ .

Now Lemma 2.3 implies that  $\int_{\beta_y} f |dx| \geq L(\Gamma, f) - a$  for each  $|y| < b$ , and we have by (2)

$$(3) \quad L(\beta, g) = \int_{\beta} g |dx| \geq L(\Gamma, f) - a,$$

and if we take the infimum in (3) over all such  $\beta$ , we obtain

$$(4) \quad L(\Gamma, g) \geq L(\Gamma, f) - a.$$

Further, by Jensen's inequality we have

$$\begin{aligned} (5) \quad V(\Omega, g) &= \int_{\Omega} g^n(x) dV(x) \leq \frac{1}{m(U_b)} \int_{U_b} \int_{\Omega} f^n(x+y) dV(x) dV(y) \\ &\leq \int_{\Omega_b} f^n(x) dV(x) = V(\Omega_b, f), \end{aligned}$$

where  $\Omega_b$  is a  $b$ -neighborhood of  $\overline{\Omega}$ , and, by Lemma 2.1,  $V(\Omega_b, f) \rightarrow V(\Omega, f)$  when  $b \rightarrow 0$ . By (4) and (5) we have

$$(6) \quad \frac{V(\Omega, g)}{L(\Gamma, g)^n} \leq \frac{V(\Omega_b, f)}{(L(\Gamma, f) - a)^n} \rightarrow \frac{V(\Omega, f)}{L(\Gamma, f)^n}$$

when  $a \rightarrow 0$ . From (6) we easily obtain the desired conclusion.  $\square$

**Proposition 2.2.** *Under the above conditions we have*

$$\inf_g \frac{V(\Omega, g)}{L(\Gamma, g)^n} = \inf_h \frac{V(\Omega, h)}{L(\Gamma, h)^n},$$

where  $g$  is any continuous metric and  $h$  is a metric from  $C^\infty(\Omega)$ .

*Proof.* Since  $g$  could be defined in a neighborhood  $\Omega^*$  of  $\overline{\Omega}$  then  $g$  can be approximated by nonnegative  $C^\infty$ -functions uniformly in the whole  $\overline{\Omega}$ . Let  $h_k \rightrightarrows g$  in  $\overline{\Omega}$  when  $k \rightarrow \infty$ ,  $h_k \in C^\infty(\Omega^*)$ . Then

$$V(\Omega, h_k) \rightarrow V(\Omega, g),$$

and  $L(\beta, h_k) \rightarrow L(\beta, g)$  for all  $\beta \in \Gamma$ , and also

$$L(\Gamma, h_k) \rightarrow L(\Gamma, g), \quad k \rightarrow \infty.$$

Hence

$$\frac{V(\Omega, h_k)}{L(\Gamma, h_k)^n} \rightarrow \frac{V(\Omega, g)}{L(\Gamma, g)^n}, \quad k \rightarrow \infty,$$

and we have the desired conclusion.  $\square$

**Proposition 2.3.** *Under the above conditions we have*

$$\inf_h \frac{V(\Omega, h)}{L(\Gamma, h)^n} = \inf_u \int_\Omega |\nabla u|^n \, dV(x),$$

where  $h$  is any  $C^\infty$ -metric and  $u \in \mathbb{E}(\Omega, E_0, E_1)$ .

*Proof.* We can define a function  $m$  by

$$m(x) = \inf_\beta \int_\beta h(y) \, |dy|$$

and  $u$  by

$$u(x) = \min \left( 1, \frac{m(x)}{L(\Gamma, h)} \right)$$



for each  $x \in \overline{\Omega}$ , where  $\beta$  is any Jordan arc joining  $x$  and  $E_0$  inside  $\Omega$ . Now,  $u$  satisfies the uniform Lipschitz condition and  $u = 0$  on  $E_0$  and  $u = 1$  on  $E_1$ . Hence,  $u \in E(\Omega, E_0, E_1)$  and since  $|\nabla u| \leq \frac{h}{L(\Gamma, h)}$  a.e. in  $\Omega$  we have

$$\int_{\Omega} |\nabla u|^n dV(x) \leq \frac{1}{(L(\Gamma, h))^n} \int_{\Omega} h^n dV(x) = \frac{V(\Omega, h)}{L(\Gamma, h)^n}.$$

We have proved the proposition.  $\square$

**Proposition 2.4.** *Under the above conditions we have*

$$(7) \quad C[\Omega, E_0, E_1] = \inf_u \int_{\Omega} |\nabla u|^n dV(x),$$

where the infimum is taken over all  $u \in E(\Omega, E_0, E_1)$ .

*Proof.* For  $u \in E(\Omega, E_0, E_1)$  one can conclude that  $u$  can be extended to a neighborhood  $\Omega^*$  of  $\overline{\Omega}$  such that  $u$  remains continuous and ACL. We may assume that  $|\nabla u|$  is  $L^n$ -integrable over  $\Omega^*$ . Next fix  $0 < a < \frac{1}{2}$  and let

$$(8) \quad v = \begin{cases} 0, & \text{if } u < a \\ \frac{u-a}{1-2a}, & \text{if } a \leq u \leq 1-a \\ 1, & \text{if } 1-a < u \end{cases} \quad \text{on } \overline{\Omega}.$$

The set where  $a \leq u \leq 1-a$  is a bounded subset of  $\mathbb{R}^n$  and lies at a distance  $b$  from  $E_0 \cup E_1$ . Let

$$\omega(x) = \frac{1}{m(U_c)} \int_{U_c} v(x+y) dV(y),$$

where  $c < b$ .

This function is continuously differentiable in  $\Omega$  and has boundary values 0 on  $E_0$  and 1 on  $E_1$ . From (8) we see that  $v$  is ACL everywhere and by Hölder's inequality we obtain that  $|\nabla v|$  is  $L^n$ -integrable over each compact set. Hence, we can apply Fubini's theorem to conclude that

$$\nabla \omega(x) = \frac{1}{m(U_c)} \int_{U_c} \nabla v(x+y) dV(y)$$

for each  $x \in \Omega$ . Then applying Jensen's inequality we obtain

$$\int_{\Omega} |\nabla \omega(x)|^n dV(x) \leq \frac{1}{m(U_c)} \int_{U_c} \int_{\Omega} |\nabla v(x+y)|^n dV(x) dV(y).$$

The inner integral on the right hand side is majorized by

$$\int_{\Omega_c} |\nabla v(x)|^n dV(x) \leq \frac{1}{(1-2a)^n} \int_{\Omega_c} |\nabla u(x)|^n dV(x)$$

for each  $y$  in  $U_c$ . Hence

$$\int_{\Omega} |\nabla \omega|^n dV(x) \leq \frac{1}{(1-2a)^n} \int_{\Omega_c} |\nabla u|^n dV(x)$$

and

$$C[\Omega, E_0, E_1] \leq \frac{1}{(1-2a)^n} \int_{\Omega_c} |\nabla u|^n dV(x).$$

Letting  $a \rightarrow 0$  we have

$$(9) \quad C[\Omega, E_0, E_1] \leq \int_{\Omega} |\nabla u|^n dV(x).$$

Because the infimum on the right hand side of (7) is over a wider class of functions than on the left hand side we have the inequality

$$(10) \quad C[\Omega, E_0, E_1] \geq \inf_u \int_{\Omega} |\nabla u|^n dV(x).$$

By (9) and (10) we have the desired conclusion.  $\square$

**Theorem 2.1.** *If  $\Omega$  is a bounded domain whose boundary consists of a finite number of  $C^1$  hypersurfaces, and if  $E_0$  and  $E_1$  are disjoint subsets of the boundary of  $\Omega$  consisting of a finite number of closed hypersurfaces, then we have*

$$(11) \quad \text{mod}_{\Omega}(\Gamma) = \inf_f \frac{V(\Omega, f)}{L(\Gamma, f)^n} = C[\Omega, E_0, E_1],$$

where  $f$  is any metric in  $\Omega$  and  $\Gamma$  is the family of Jordan arcs joining  $E_0$  and  $E_1$  inside  $\Omega$ .

*Proof.* It follows by Propositions 2.1, 2.2, 2.3 and 2.4.  $\square$

The case  $n = 2$  of the above Theorem enables us to give a short proof of Theorem 1.1. In fact, the proof immediately follows from Theorem 1.3 [6], which gives a solution of a mixed Dirichlet-Neuman problem.

The proof of Theorem 1.3 in Courant's book [6] is based on using minimizing sequences. We believe that we can use minimizing sequences as Gehring in [2] to show the existence of the extremal admissible function  $u \in E(\Omega, E_0, E_1)$  such that

$$C[\Omega, E_0, E_1] = \int_{\Omega} |\nabla u|^n dV.$$

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